

CLIL for International Food Culture and Healthy Diet

Collaboration to develop CLIL materials and design classroom activities in order to raise awareness of healthy diets and international food culture

Our Mission

To provide students with up-to-date information on healthy diets and international food culture in English, and foster human resources capable of sharing ideas from a global perspective

Teaching/Learning Context

Present Situation

Dietetic students studying at Nakamura Gakuen, a 2-year college in Fukuoka, Japan

Learning Situation Analysis (LSA) Mixed **Analysis (PSA)**

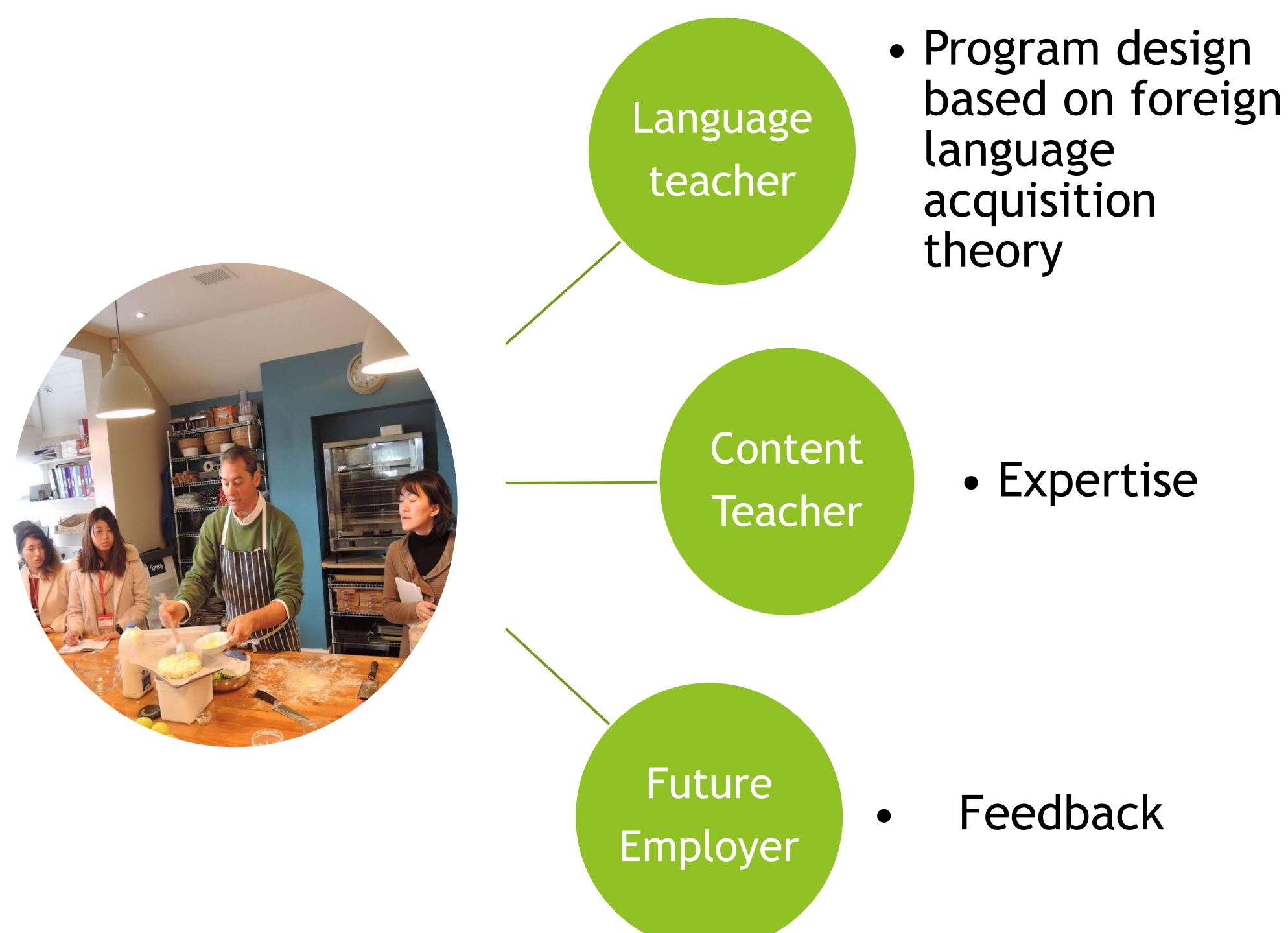
ESP for levelled classes with diversified English learning experience, motivation, and knowledge of international foods, but with **clear career goals**

Target Situation Analysis (TSA)

A need for **good communicators** who can provide advice for healthy eating to foreign residents/immigrants in English

CLIL Projects

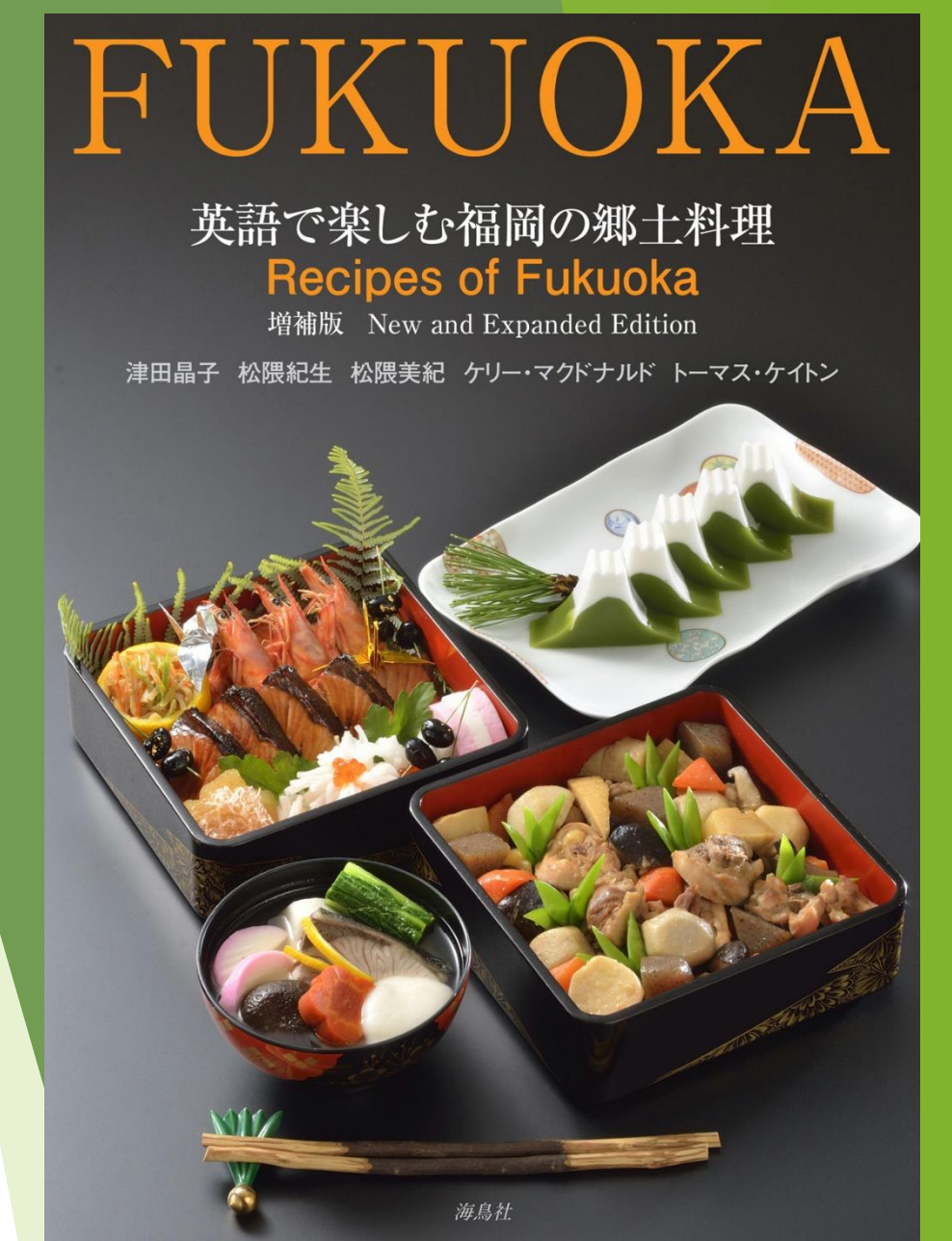
1. Recipe reading/writing activities to promote health eating
2. A cooking demonstration with English visual and audio aids
3. A food tour guidebook for gastro tourists to promote better understanding of healthy eating styles through English language education and raise learners' cultural awareness
4. Research projects interviewing local foreign residents in English about their food culture and communication problems



Why CLIL for Healthy Eating?

Culture: To learn about Religious Food Taboos, Habits of Vegetarians and Food Culture in one's own country or region
Content: To learn about Healthy Eating Habits, Food Allergies and Food Related Diseases
Communication: To increase Communicative Competence through Oral Presentations, Pairwork and Groupwork
Cognitive Skills: To become Better Language Learners through a Variety of Tasks

Skills	Can Do
Speaking	Speak about healthy eating habits of one's own country or region (in pairs and groups)
Listening	Understand cooking shows in English / Understand lectures about food culture of foreign countries
Reading	Read simple recipes in English
Writing	Write simple recipes in English / Write a food walking tour
Vocabulary	Use basic terminology about nutrition, including ingredient names and cooking methods (essential verbs)



CLIL : Challenges at tertiary level in Japan

English has been taught as **EFL**, not ESL

- CLIL teachers are usually **non-native speakers**
- CLIL teachers are **EFL teachers**, not content experts
- classes are timetabled and assessed as **English lessons**
- typically all of the curriculum is taught in **the first language (Japanese)**, not English



- CLIL teacher training at tertiary level is required
- Collaboration among EFL teachers and content teachers based on needs analysis is desirable



Collaborators wanted!
Akiko Tsuda (Ph. D.)
Nakamura Gakuen University